

Wednesdays

The Pulaski County Library District's Waynesville Library hosts a children's story hour every Wednesday at 10:30 a.m., 306 Historic Route 66 West in Waynesville. For more information call the library at 774.2965.

July 9 - August 6

Building Strong Families Parenting Classes cover 5 in-depth topics that families face including: food and fitness; the importance of clear communications; kids and self-esteem; focusing on family strengths; and managing family finances. The BSF program is based on helping a family find their strengths, and then to build on those strengths to help overcome challenges they may be dealing with. Classes meet Wednesday night, 5-7 p.m., July 9-August 6 at the Pulaski County Courthouse, 301 Historic Route 66 E. in Waynesville. Fee is \$20 for one person or \$30 for two. For more information call 774.6177.

July 26 - August 3

The 47th national competitive, annual exhibition of aqueous media painting will be held at the Springfield Art Museum. Hours: 9 a.m. - 5 p.m. Tuesday, Wednesday, Friday, and Saturday; 9 a.m. - 8 p.m. Thursday; and 1 p.m. - 5 p.m. Sunday. Springfield Art Museum, 1111 E. Brookside Dr., Springfield. Call 417.837.5700 for more information.

August 1-3

Save on back-to-school purchases during Missouri's sales tax holiday. Selected items such as clothing, school supplies, computers, and other items are exempt from sales tax. Visit <http://dor.mo.gov/tax/business/sales/taxholiday/> for more information.

August 4-5

Waynesville School District is open enrollment for new students to the district. Enrollment will be from 8:00-3:30 each day. Please bring the student's birth certificate, shot record, and most recent grade card. For more information visit [waynesville.k12.mo.us/](http://waynesville.k12.mo.us/)

August 7-8

Kindergarten screening will be held from 8 a.m. until 3:30 p.m. at Thayer Elementary School, 4273 Thayer St., Ft. Leonard Wood, and from 9 a.m. until 2 p.m. at Pick Elementary School, 8478 Buckeye Ave., Ft. Leonard Wood, for those children entering kindergarten this school year. Please call the Thayer school office at 329.6222 or the Pick school office at 329.6262 for more information.

Monday, August 18

Waynesville R-VI School District first day of school.

Calendar						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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# FamilyLife

Thursday, July 24, 2008

Supplement to GUIDON

Section D Page 1



Photos by Steve J.P. Liang  
Empanadas, which are popular throughout South America, Spain and portions of the Caribbean, may include a wide variety of fillings, including bananas and chocolate.



Slice bananas into 1/4-inch slices for these dessert empanadas



Layer bananas and dark chocolate. These are also served with chocolate sauce.



Use water to outline the shell before sealing it. Dip your finger in water several times.



Fold shell over and seal. Press the shell together with the prongs of a fork.



Slide, do not drop, empanadas into hot oil. The shell should start to bubble.

## EMPANADAS:

Show off your creativity with this quick dish

By Juliana Goodwin  
Special to GUIDON

As a little girl living in Ecuador, empanadas were to me what hamburgers are to American children.

Empanadas are golden pastries stuffed with different fillings, like meat, cheese, potatoes or olives, and then either fried or baked.

They can be sweet or savory. Since they're portable, they're served at parties, eaten as snacks or as a meal.

Empanadas are consumed all over South America, Spain and parts of the Caribbean. Depending on the region, the shells (also called discs) are often made out of either wheat, corn or cassava flour.

While homemade dough used to be popular, many people buy prepared empanada shells now.

What I love most about empanadas is their versatility. They can be as sophisticated as you want: try brie and walnut empanadas drizzled with honey; or make them kid friendly with pepperoni and cheese, or taco meat and refried beans.

The options are endless. And they're easy to make: You stuff a circular pastry with filling, fold it over to make a half moon, and seal it. Then bake or fry it. That's all there is to it. Here are few tips for successful empanadas:

- Keep shells refrigerated until the last minute and then work quickly to fill them. The shells start to tear if you leave them at room temperature too long.
  - Don't over-stuff a shell or it will break when it's cooked.
  - Don't put hot filling into an empanada shell.
  - To seal, keep a bowl of water next to you that you can dip your finger in the water to wet the shell before you press.
  - If you plan to bake your empanada, brush it with butter first.
- It's that easy. If you're serving them for a party, plan on at least 2 per person. They are delicious, easy and allow for

your creativity, so why wouldn't you embrace the empanada?  
Let's get cooking.

### CHEESE EMPANADAS

FILLS 10 GRANDE SHELLS

8 ounces shredded white cheese  
10 grande empanada shells  
You can use any white cheese you want, but the stronger the flavor, the better. If you like spice, try a Pepper Jack. If you want something more gourmet, try goat cheese. The Latino Market sells "Hard White Cheese" in the refrigerator, and it's very reminiscent of what I would eat in Ecuador. Cheese empanadas are best fried.

Directions: Heat 4-5 cups of vegetable or canola oil in a large frying pan, over medium-high heat. Place 2-2 1/2 tablespoons of cheese on one half of the shell. Leave enough space to fold over and seal.

Put your finger in water several times and run your finger around the outer shell, wetting it. Make sure you have wet the entire circle. Fold the shell over to make a half moon, and then use a fork to press down and seal the shell.

When oil is hot, gently slide 2-3 empanadas into the pan. Fry for about 3 minutes on the first side, then flip and fry another 3 minutes, until golden brown. Drain on paper towels. Serve.

### DESSERT EMPANADAS

MAKES 10

3-4 ripe bananas  
10 large "grande" empanada shells  
10 pieces of dark or milk chocolate, about 1 inch each (optional)

Heat 4-5 cups of oil over medium-high heat. Slice bananas in 1/4 slices. Place several slices, equivalent to about 2-2 1/2 tablespoons of filling, into shell. If desired, place your favorite piece of chocolate in each. Try dark chocolate, 4-5 chocolate chips or a Rollo.

See EMPANADAS, Page D2

### Can We Talk?

## Kids boggle with 2 language extremes

By Susan Reinhardt  
Special to GUIDON



Reinhardt

Can We Talk? Kids boggle with 2 language extremes

I have given up trying to have conversations with teenagers, especially boys.

My son is Case No. 1, a 15-year-old man/child I'm trying to decode and understand.

It usually goes something this: "Hi, son. Did you have a good day golfing?"

"S'aight." Translation: "It was all right."

"Well, great. What did you shoot?"

He then begins to leave the room and pretend he is hearing- and speech-impaired. "Well? Did you break a par?"

He turns around as if I'm insane. "Break a par? No one calls it breaking a par. If you mean did I make par, no. I shot two over."

"Well, that's good. Most people don't do that well, do they? Don't they get bogeymen and things like that?"

"Bogeymen? You mean bogeys?"

"Bogeys, birdies, eagles, swans, egrets, parakeets. I don't know."

Son then puts his hands on a blinding pair of madras golfing shorts and says, "You're weird. I love you, Mom. But you're really weird."

"So can Jennifer and I drive a cart and watch you and Richie play in the next tournament?"

"No! No! No!"

"Quit sassing me. It's not Christian. Don't you know the Commandments? Honor thy wonderful and dotting mother?"

"You can't drive a cart any better than you can a car. I saw you hit that

tree last time and nearly kill the old man playing No. 11."

"Well, he wouldn't get out of the way. What do you expect? He deserved a bit of rubber on his toes."

"Mom, I don't like to be watched while playing tournaments. It's a mind game. Get it?"

I put my hands on my own pair of shorts. "S'aight," I said. "One day when you're winning tournaments I expect you to glare at the TV and say with tears, 'I love you, Mama,' like those big giant football players do."

See CAN WE TALK, Page D2



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


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**starts friday, july 25th**

## Can we talk

From Page D1

He skulked off and hid in his room to play Tiger Woods on Xbox.

I'm sure when he gets hungry enough, he'll reappear.

Meanwhile, it's time to have a never-ending conversation with my 10-year-old daughter, who like my mother and me, talks in great length and detail with no punctuation.

"I just back got from Holister and they had shirts on sale and look at this one do you like it see the seagull on the front and I know it's a lit-

tle big but it will fit me next year and so it was a good price and do you think we can call Brianna to see if she wants to swim tonight? What about we go to Blockbuster or that Red Box thing at Ingles and rent a movie?

Finally, the need for air extinguished her run-ons.

"I want macaroni and cheese for dinner again tonight because I had it for lunch today and yesterday and there's really no other foods I like except for hotdogs and someone told me they had pig fannies in them so I'm think-

ing the mac-and-cheese. Oh, and did you hear about that girl who licked the envelope and later her tongue swelled up huge and they cut it open and a giant cockroach came out?"

I fell into a zombied daze. "S'aight," I said. "Really, it's s'aight."

(Editor's note: Reinhardt is a columnist and feature writer for the Asheville, N.C. Citizen-Times. She is the author of "Not Tonight Honey, Wait Til I'm a Size 6." She can be reached at [reinhardt@citizen-times.com](mailto:reinhardt@citizen-times.com).)

## Empanadas

From Page D1

Moisten the edges with water, fold over to seal, and pinch down with a fork.

When oil is hot, gently slide 2-3 empanadas into the pan. Fry for about 3 minutes on the first side, then flip and fry another 3 minutes, until golden brown.

Drain on paper towels. Serve with chocolate sauce.

### CHOCOLATE SAUCE

1/3 cup cream  
1/4 cup sugar  
2 squares bittersweet chocolate

In a cast iron or non-stick heavy pan, heat all ingredient over medium heat for 5 minutes, until smooth. Immediately drizzle over empanadas.

### MEAT EMPANADAS

MAKES 8-10 LARGE EMPANADAS

4 tablespoons chopped white onion  
2 tablespoons finely chopped parsley  
4 ounces ground beef  
1 tomato, chopped  
3 teaspoons olive oil  
1 teaspoon minced garlic  
1/4 cup raisins  
1/4 teaspoon cumin  
Salt to taste  
Pepper to taste  
2 boiled eggs, chopped  
Packaged empanada shells  
Butter for brushing

Place all ingredients except the eggs in a skillet. Saute until the meat is cooked and the juice evaporates. Drain the meat if needed. Add the chopped eggs and set aside to cool.

When cool, fill the empanada shells. When the shells are sealed, brush each with a little melted butter. Follow directions on the empanada shell packet for baking instructions. If you're using Goya shells, bake at 400 degrees 12-15 minutes or until puffed and golden.

Submitted by Ruth Penaherrera Norton, a native of Ecuador.

### VEGETARIAN EMPANADAS

MAKES ABOUT 24 SMALL EMPANADAS

2 cloves garlic, chopped  
1/2 onion, chopped  
1/4 package of veggie meat-substitute such as Morningstar Farms Griller Crumbles  
1/2 packet of Taco Bell taco seasoning  
1/2 cup of raisins  
2 refrigerated pie shells  
24 green olives

Simmer fresh minced garlic and about 1/2 chopped onion on medium heat in a saucepan.

After 5 minutes, add 1/4 package of veggie meat substitute, such as Morningstar Griller Crumbles, and brown at medium high heat according to directions. Add 1/2 packet of Taco Bell taco seasoning, switch heat to low. Add 1/2 cup of raisins to mixture and simmer on low while assembling the shells.

Unfold two refrigerated pie crusts and cut out circles (can use biscuit cutter or top of glass to make shapes). Fill half of it with meat filling. Add 1 sliced green olive to mixture. Fold over. Preheat oven to 375 degrees. Assemble on baking sheet and use a fork to seal edges. Prick steamholes in each empanada. Bake for 9-11 minutes or until golden.

Submitted by Nicole Norton.

(Editor's note: Contact Juliana Goodwin, GUIDON food columnist and custom content reporter, at [jlgoodwin@myguidon.com](mailto:jlgoodwin@myguidon.com).)




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HIGHLIGHTS FOR THE WEEK OF  
July 24 - 30, 2008



**ABC**  
**Thursday, July 24**  
**9 p.m.**  
Trina (Lana Parrilla) keeps the fun going with her annual “Puzzlerama” party, in which mismatched couples race to find clues based on the neighborhood’s darkest secrets, on “Swingtown.”



**NBC**  
**Tuesday, July 29**  
**8 p.m.**  
David Hasselhoff and his fellow judges consider contestants who submitted their recorded auditions online via MySpace on “America’s Got Talent.”



THURSDAY • JULY 24, 2008 Evening

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	Ugly Betty: Bananas for Betty <sup>12</sup> (CC)	Grey's Anatomy: Forever Young <sup>12</sup>			Hopkins (CC)		Local Programs	Nightline (CC)	Jimmy Kimmel Live Scheduled: Will Ferrell.	
CBS	Greatest American Dog	CSI: Crime Scene Investigation: Redrum <sup>12</sup>	Swingtown: Puzzlerama <sup>12</sup>		Local Programs		Late Show with David Letterman <sup>12</sup>		Late Late Show	
CW	Smallville: Hero <sup>12</sup> (CC)	Supernatural: Dream a Little Dream <sup>12</sup>	Local Programs Local programming information.				Local Programs Local information.			
FOX	Are You Smarter Than a 5th Grader? (CC)	So You Think You Can Dance: 2 Voted Off	Local Programs Local programming information.				Local Programs Local information.			
MYN	King Arthur ★★½ (2004, Action) Clive Owen. King Arthur battles England invaders. <sup>12</sup> <sup>PG-13</sup>		Local Programs Local information.				Local Programs Local information.			
NBC	Last Comic Standing Funny bedtime stories for Playboy girls. <sup>12</sup> (CC)	Fear Itself: Community <sup>12</sup> (CC)			Local Programs		The Tonight Show with Jay Leno <sup>12</sup>		Late Night	
A&E	The First 48: Stray Bullet; Payback (CC)	The First 48: Deal Breaker; Gunplay (CC)	The First 48: Burden of Proof; Backfire (CC)		Crime 360: Deadly Alibis (CC)		The First 48: Stray Bullet; Payback (CC)			
AMC	My Cousin Vinny ★★★ (1992, Comedy) Joe Pesci, Tomie. A Brooklyn lawyer hits the Deep South. <sup>12</sup>	The Usual Suspects ★★★½ (1995, Suspense) Stephen Baldwin. Men find a heist is not what it seems. <sup>12</sup>								
TDC	Deadliest Catch: Racing the Clock <sup>12</sup>	Deadliest Catch: Seeking the Catch <sup>12</sup>	Deadliest Catch: No Season for Old Men		Deadliest Catch: No Mercy <sup>12</sup> (CC)		Deadliest Catch: Racing the Clock <sup>12</sup>			
DISN	Camp Rock (2008, Musical) Demi Lovato.	Hannah Montana	Zack & Cody (CC)		Wizards		Life with Derek		Hannah Montana	That's So Raven: If I Only Had a Job <sup>12</sup>
ESPN	6:00 MLS Soccer: 2008 All-Star Game <sup>12</sup> <sup>LIVE</sup>			Baseball Tonight			SportsCenter			
FAM	Nanny 911: Ties Family <sup>12</sup> (CC)	Nanny 911: Abner Family <sup>12</sup> (CC)	Nanny 911: Race Family <sup>12</sup> (CC)		The 700 Club (CC)			Whose Line Is It Anyway? <sup>12</sup> (CC)		
LIFE	Reba <sup>12</sup> (CC)	Reba <sup>12</sup> (CC)	Duets ★½ (2000, Comedy) Maria Bello. Contestants head to karaoke competition. <sup>12</sup> (CC)		Will & Grace <sup>12</sup> (CC)		Will & Grace <sup>12</sup> (CC)		Frasier: Roz and the Schnozz <sup>12</sup> (CC)	
MTV	My Super Sweet 16	America's Best Dance Crew <sup>12</sup>			America's Best Dance Crew <sup>12</sup>			America's Best Dance Crew <sup>12</sup>		
NICK	SpongeBob Family Matters	Home Impr (CC)	Home Impr (CC)		George Lopez (CC)		Prince (CC)		Home Improvement: What a Drag (CC)	
TBS	Family Guy (CC)	Bill Engvall (CC)	My Boys <sup>12</sup>		Kicking & Screaming ★★ (2005, Comedy) Will Ferrell. Coach becomes obsessed with winning.				Sex and the City: Evolution (CC)	
TLC	Overhaulin': That's All, Vols! (CC)	American Chopper: Mercedes - AMG Bike	Miami Ink: Ruthless and Toothless <sup>12</sup>		American Chopper: Mercedes - AMG Bike		Miami Ink: Ruthless and Toothless <sup>12</sup>			
SPIKE	CSI: Crime Scene Investigation: M. in Box	TNA: Wrestling IMPACT! <sup>12</sup>			UFC Unleashed <sup>12</sup>		Manswers			
TNT	Law & Order: Turnstile Justice <sup>12</sup> (CC)	Law & Order: Ghosts <sup>12</sup> (CC)	Good Will Hunting ★★★ (1997, Drama) Robin Williams, Matt Damon. Troubled genius deals with his past. <sup>12</sup> (CC)		Runaway Jury ★★★					
USA	(6:58) The Pacifier ★★ (2005, Comedy) Vin Diesel. A tough babysitter protects four kids. <sup>12</sup> <sup>PG-13</sup>		Burn Notice: Trust Me <sup>12</sup> (CC)		Law & Order: Criminal Intent <sup>12</sup> (CC)		In Plain Sight: Iris Doesn't Live Here			

FRIDAY • JULY 25, 2008 Evening

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	America's Funniest Home Videos <sup>12</sup>	Duel Head-to-head trivia contests. <sup>12</sup>			20/20 (CC)		Local Programs	Nightline (CC)	Jimmy Kimmel Live <sup>12</sup> (CC)	
CBS	Ghost Whisperer: The Walk-In (CC)	Numb3rs: Burn Rate <sup>12</sup> (CC)	Flashpoint: The Element of Surprise <sup>12</sup>		Local Programs		Late Show with David Letterman <sup>12</sup>		Late Late Show	
CW	Friday Night Smackdown! Heavyweight matches with storylines. <sup>12</sup> (CC)		Local Programs Local programming information.				Local Programs Local information.			
FOX	Anger Management ★★½ (2003, Comedy) A mild-mannered man ordered to therapy. <sup>12</sup> <sup>PG-13</sup>		Local Programs Local programming information.				Local Programs Local information.			
MYN	The Academy: Hell Is Breakfast <sup>12</sup> (CC)	Paradise Hotel 2 (CC)	Local Programs Local information.				Local Programs Local information.			
NBC	Outrageous (CC)	Outrageous (CC)	Dateline NBC (CC)				Local Programs	The Tonight Show with Jay Leno <sup>12</sup>	Late Night	
A&E	CSI: Miami: Death Eminent <sup>12</sup> (CC)	CSI: Miami: Curse of the Coffin <sup>12</sup> (CC)	CSI: Miami: High Octane <sup>12</sup> (CC)		Criminal Minds: Derailed <sup>12</sup> (CC)		CSI: Miami: Death Eminent <sup>12</sup> (CC)			
AMC	Road House ★½ (1989, Action) Patrick Swayze, Ben Gazzara. A student finds trouble at a sleazy bar. <sup>12</sup>	Christine ★★½ (1983, Horror) Keith Gordon. A teen's car is a beauty & jealous, too. <sup>12</sup> (CC)			Halloween-Curse ★½					
TDC	Man vs. Wild: Land of Ice <sup>12</sup> (CC)	Man vs. Wild: African Savannah <sup>12</sup>	Man vs. Wild: Iceland <sup>12</sup> (CC)		How It's Made (CC)		How It's Made (CC)		Man vs. Wild: Land of Ice <sup>12</sup> (CC)	
DISN	Dr. Dolittle 3 ★ (2006, Comedy) Kyla Pratt. Maya Dolittle is sent to a dude ranch. <sup>12</sup> <sup>PG</sup>	Wizards	Life with Derek		Zack & Cody (CC)		Hannah Montana		That's So Raven: Teach Your Children Well	
ESPN	USA Basketball USA vs. Canada from Thomas And Mack Center in Las Vegas <sup>12</sup> <sup>LIVE</sup>	Baseball Tonight			SportsCenter			Baseball Tonight		
FAM	That '70s Show	That '70s Show	That '70s Show	That '70s Show	Grounded for Life	Grounded for Life	The 700 Club (CC)			That '70s Show: Street Fighting Man <sup>12</sup>
LIFE	Reba: Money Blues	Reba: Dr. Hunky	Devil in the Flesh ★½ (1998, Drama) Rose McGowan. A teen terrorizes her handsome teacher.		Will & Grace: 23	Will & Grace: 24	Frasier: Party, Party <sup>12</sup> (CC)			
MTV	FNMTV	Jackass	Jackass	Jackass	Buzzin	Viva La Bam	Viva La Bam	Room 401 <sup>12</sup>		
NICK	iCarly: iWin a Date	iCarly <sup>12</sup>	SpongeBob	SpongeBob	George Lopez (CC)	George Lopez (CC)	Home Impr (CC)	Home Impr (CC)	Family Matters: Look a Lot Like Urkel	
TBS	Loves Raymond	Loves Raymond	Save the Last Dance ★★ (2001, Romance) Julia Stiles, Sean Patrick Thomas. Two teens share a love of dance. <sup>12</sup> <sup>PG-13</sup>		Sex and the City	Sex and the City	Sex and the City	Sleeping Beauties ★★½ (1995)		
TLC	Say Yes Dress	Reception	What Not to Wear: Tara <sup>12</sup>	Ashley Paige	Ashley Paige	Say Yes Dress	Reception	What Not to Wear: Tara <sup>12</sup> (CC)		
SPIKE	CSI: Crime Scene Investigation: Big Shot	UFC: Silva vs. Irvin			Factory: Builtgood Screwcutter 5000 <sup>12</sup>					
TNT	Old School ★★★ (2003, Comedy) Luke Wilson. Three men start a college fraternity. <sup>12</sup> (CC)	Old School ★★★ (2003, Comedy) Luke Wilson. Three men start a college fraternity. <sup>12</sup> (CC)			A Guy Thing ★★ (2003, Comedy) Selma Blair.					
USA	Law & Order: Special Victims Unit <sup>12</sup>	Monk: Mr. Monk and the Genius <sup>12</sup>	psych: Murder?...Anyone?...Anyone <sup>12</sup>		House: Alone <sup>12</sup> (CC)		Monk: Mr. Monk and the Genius <sup>12</sup>			

SATURDAY • JULY 26, 2008 Evening

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	Peter Pan ★★★ (1953, Animated) Children whisked away to magical land. <sup>12</sup>	Eli Stone: Heartbeat <sup>12</sup> (CC)	Local Programs Local information.				Local Programs	Local information.	Local Programs	Local information.
CBS	48 Hours Mystery <sup>12</sup> (CC)	CBS EliteXC Saturday Night Fights <sup>12</sup> <sup>LIVE</sup>	Local Programs Local programming information.				Local Programs Local information.			
CW	Local Programs Local programming information.				Local Programs Local programming information.			Local Programs Local information.		
FOX	Cops <sup>12</sup> (CC)	Cops <sup>12</sup> (CC)	America's Most Wanted <sup>12</sup> (CC)		Local Programs		MADtv <sup>12</sup> (CC)		TALKSHOW with Spike Feresten <sup>12</sup>	
MYN	Under the Tuscan Sun ★★½ (2003, Comedy) Diane Lane. A divorcee buys a villa in Tuscany.		Local Programs Local information.				Local Programs Local information.			
NBC	The Office <sup>12</sup>	The Office <sup>12</sup>	Law & Order: Driven <sup>12</sup>		Law & Order: Criminal Intent: Reunion (CC)		Local Programs	Saturday Night Live Feb. 2007: Rainn Wilson; Arcade Fire. <sup>12</sup>		
A&E	Die Hard ★★★ (1988, Action) Bruce Willis, Alan Rickman. A New York cop battles a gang of ruthless terrorists in a high-rise building. <sup>12</sup> (CC)		The Sopranos: Live Free or Die (CC)				Die Hard ★★★ (1988, Action) Bruce Willis. (CC)			
AMC	The Last Samurai ★★½ (2003, Drama) Tom Cruise. A cynical Civil War veteran embraces the Samurai culture he was to destroy. <sup>12</sup> (CC)		(:15) The Karate Kid, Part II ★★ (1986, Action) Noriyo "Pat" Morita. Pair face feud and foes. (CC)							
TDC	MythBusters: Western Myths <sup>12</sup>	MythBusters: Shooting Fish in a Barrel (CC)	MythBusters: Airplane on Conveyor Belt		MythBusters: Walking on Water <sup>12</sup>		MythBusters: Western Myths <sup>12</sup> (CC)			
DISN	Hannah Montana/Miley Cyrus: Best of Both Worlds Concert Tour ★	Hannah Montana/Miley Cyrus: Best of Both Worlds Concert Tour ★			Zack & Cody (CC)		Hannah Montana		That's So Raven: Ye Olde Dating Game (CC)	
ESPN	NASCAR Nationwide Series: Kroger 200 from O'Reilly Raceway Park in Indianapolis, Ind.	Baseball Tonight			SportsCenter			Baseball Tonight		
FAM	(6:30) Father of the Bride ★★½ (1991, Comedy) Steve Martin. (PG)	Father of the Bride, Part II ★★ (1995, Comedy) Steve Martin, Diane Keaton. Daughter sparks dad's midlife crisis. <sup>12</sup> <sup>PG</sup>			Serving Sara ★½ (2002) Matthew Perry. (CC)					
LIFE	(6:00) Murder on Pleasant Drive ★★ (2006)	Solstice (2008, Thriller) Elisabeth Harnois. High school student uncovers a secret. <sup>12</sup> (CC)	Army Wives: Uncharted Territory <sup>12</sup>		Medium: Car Trouble <sup>12</sup> (CC)					
MTV	MTV Cribs	MTV Cribs	MTV Cribs	MTV Cribs	MTV Cribs	MTV Cribs	From G's to Gents		America's Best Dance Crew <sup>12</sup>	
NICK	iCarly <sup>12</sup>	Naked Brothers	Dance on Sunset	Drake & Josh	George Lopez (CC)	George Lopez (CC)	Home Impr (CC)	Home Impr (CC)	Family Matters: Higher Anxiety	
TBS	Men in Black II ★½ (2002, Action) Kaye and Jay foil devious alien plot.	(4:5) Men in Black II ★½ (2002, Action) Tommy Lee Jones. Kay and Jay foil devious alien plot.			Trading Spaces: Paige's Perfect 10 - Ep.		Flip That House	Flip That House	Holmes on Homes: Showing the Cracks	
TLC	Flip That House	Holmes on Homes: Showing the Cracks			Trading Spaces: Paige's Perfect 10 - Ep.		Flip That House	Flip That House	Holmes on Homes: Showing the Cracks	
SPIKE	Ultimate Knockouts 5	UFC 84: Penn vs. Sherk			UFC 84: Penn vs. Sherk					
TNT	Monster-In-Law ★★ (2005, Comedy) Jennifer Lopez. Woman battles mother for son's love. (CC)	Monster-In-Law ★★ (2005, Comedy) Jennifer Lopez. Woman battles mother for son's love. (CC)			Bewitched ★½ (2005, Comedy) Nicole Kidman.					
USA	NCIS: Friends and Lovers <sup>12</sup> (CC)	NCIS: Dead Man Walking <sup>12</sup> (CC)	NCIS: Skeletons Explosion in mausoleum.		psych: Murder?...Anyone?...Anyone <sup>12</sup>		Friday After Next ★★ (2002) Ice Cube. <sup>12</sup>			

SUNDAY • JULY 27, 2008 Evening

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	High School Musical: Get in the Picture	Extreme Makeover: Home Edition <sup>12</sup>	Desperate Housewives: Wel. to Kanagawa			Local Programs Local information.	Local Programs Local information.				
CBS	Big Brother 10 Two nominated for eviction.	Cold Case: Tom <sup>12</sup> (CC)	Flashpoint: The Element of Surprise <sup>12</sup>			Local Programs Local programming information.					
CW	Everybody Hates Aliens in America	The Game <sup>12</sup>	Girlfriends <sup>12</sup>	Local Programs Local programming information.					Local Programs Local information.		
FOX	The Simpsons	The Simpsons	Family Guy (CC)	American Dad!	Local Programs Local programming information.					Local Programs Local information.	
MYN	Local Programs Local programming information.				Local Programs Local information.		Local Programs Local information.		Local Programs Local information.		
NBC	Outrageous (CC)	Outrageous (CC)	Dateline NBC (CC)			Local Programs	Local Programs	Dateline NBC (CC)			
A&E	Family Jewels (CC)	Family Jewels (CC)	Family Jewels (CC)	Family Jewels (CC)	The Two Coreys	The Two Coreys	Criss Angel Mindfreak: Walk on Lake (CC)	Gene Simmons Family Jewels <sup>12</sup> (CC)			
AMC	(6:00) Jerry Maguire ★★½ (1996, Romance) Tom Cruise. A sports agent starts his own company.				Mad Men: Those Who Think Young <sup>12</sup>		Mad Men: Those Who Think Young <sup>12</sup>		Breaking Bad: Pilot <sup>12</sup> (CC)		
TDC	MythBusters: Jaws Special <sup>12</sup> (CC)		Mythbusters: Shark Special The Mythbusters team takes to the water. <sup>12</sup>			MythBusters: Jaws Special Adam and Jamie dispell Hollywood's shark myths. <sup>12</sup> (CC)					
DISN	Disney Games 08	Life with Derek	The Incredibles ★★½ (2004, Adventure) A superhero family battles an old enemy. <sup>12</sup> <sup>PG</sup>			Zack & Cody (CC)	Hannah Montana	That's So Raven: Stark Raven Mad <sup>12</sup>			
ESPN	MLB Baseball New York Yankees at Boston Red Sox from Fenway Park <sup>12</sup> <sup>LIVE</sup>					SportsCenter			Baseball Tonight		
FAM	(6:00) Aquamarine ★ (2006, Comedy) Emma Roberts, Sara Paxton.		Aquamarine ★ (2006, Comedy) Emma Roberts, Sara Paxton. Two girls discover and befriend mermaid. <sup>12</sup> <sup>PG</sup>			Paid Programs					
LIFE	Dead at 17 (2008, Drama) Barbara Niven.		Army Wives: Uncharted Territory <sup>12</sup>		Army Wives: Loyalties <sup>12</sup> (CC)		Grey's Anatomy: Every Moment Counts		Army Wives: Uncharted Territory <sup>12</sup>		
MTV	True Life Real-life stories of young people.		From G's to Gents		America's Best Dance Crew <sup>12</sup>		America's Best Dance Crew <sup>12</sup>		Buzzin		
NICK	Zoey 101 <sup>12</sup>	Dance on Sunset	Home Impr (CC)	Home Impr (CC)	George Lopez (CC)	George Lopez (CC)	Family Matters	Family Matters	Home Improvement: Hardware Habit (CC)		
TBS	Last Holiday ★★½ (2006, Comedy) Queen Latifah. A sales clerk has a European spree. <sup>12</sup> <sup>PG-13</sup>				Last Holiday ★★½ (2006, Comedy) Queen Latifah. A sales clerk has a European spree. <sup>12</sup> <sup>PG-13</sup>				Phenomenon ★★ (1996) John Travolta. <sup>12</sup> <sup>PG</sup>		
TLC	My Shocking Story: Man with No Face		Incredibly Small: Kenadie's Story (CC)		The Singing Office: Dealership vs. Reality		My Shocking Story: Man with No Face		Incredibly Small: Kenadie's Story (CC)		
SPIKE	Bad Santa ★★½ (2003, Comedy) Billy Bob Thornton. Santa and his elf rob stores. <sup>12</sup>		Factory <sup>12</sup>			Factory <sup>12</sup>	Manswers	Manswers	Bad Santa ★★½ (2003) Billy Bob Thornton.		
TNT	The Wizard of Oz ★★½ (1939, Fantasy) Judy Garland. A girl enters a magical land. <sup>12</sup> (CC)				(:15) The Wizard of Oz ★★½ (1939, Fantasy) Judy Garland. A girl enters a magical land. <sup>12</sup> (CC)				Hook ★½ (1991) (CC)		
USA	Law & Order: Special Victims Unit <sup>12</sup>		Law & Order: Criminal Intent: Ten Count		In Plain Sight: Good Cop, Dead Cop		Law & Order: Special Victims Unit <sup>12</sup>		Law & Order: Criminal Intent: Ten Count		

MONDAY • JULY 28, 2008 Evening

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	High School Musical: Get in the Picture		Wanna Be Spaghetti pull: man kicks himself.		The Mole 5 Contestants seek saboteur. (CC)		Local Programs	Nightline (CC)	Jimmy Kimmel Live <sup>12</sup> (CC)	
CBS	Big Bang Theory	How I Met: Blue	Two and 1/2 Old Christine (CC)		CSI: Miami: Born to Kill <sup>12</sup> (CC)		Local Programs	Late Show with David Letterman <sup>12</sup>	Late Late Show	
CW	Gossip Girl: The Blair B'tch Project <sup>12</sup>		One Tree Hill: What Do You Go Home To		Local Programs Local programming information.				Local Programs Local information.	
FOX	Bones: Player Under Pressure <sup>12</sup> (CC)		House: It's a Wonderful Lie <sup>12</sup> (CC)		Local Programs Local programming information.				Local Programs Local information.	
MYN	Celebrity Exposé: Mariah Carey <sup>12</sup>		Decision House: Bridges		Local Programs Local information.		Local Programs Local information.		Local Programs Local information.	
NBC	American Gladiators <sup>12</sup> (CC)		Nashville Star <sup>12</sup> (CC)		Dateline NBC (CC)		Local Programs	The Tonight Show with Jay Leno <sup>12</sup>	Show with <sup>12</sup> Late Night <sup>12</sup>	
A&E	Intervention: Tressa <sup>12</sup> (CC)		Intervention <sup>12</sup> (CC)		Paranormal State	Paranormal State	The Cleaner: Rag Dolls <sup>12</sup> (CC)		Intervention: Tressa <sup>12</sup> (CC)	
AMC	Mystic River ★★½ (2003) Sean Penn, Tim Robbins. A policeman's investigation interferes with a father's thirst for revenge. <sup>12</sup>				Ladder 49 ★★½ (2004, Action) Joaquin Phoenix. Trapped firefighter reflects on career. <sup>12</sup> <sup>PG-13</sup>					
TDC	Air Jaws: Sharks of South Africa <sup>12</sup>		Surviving Sharks <sup>12</sup>		Day of the Shark <sup>12</sup>		Top Five Eaten Alive <sup>12</sup>		Air Jaws: Sharks of South Africa <sup>12</sup>	
DISN	Cadet Kelly ★★ (2002, Comedy) Hilary Duff.		Hannah Montana	Zack & Cody (CC)	Wizards	Life with Derek	Zack & Cody (CC)	Hannah Montana	That's So Raven: Royal Treatment <sup>12</sup>	
ESPN	600 MLB Baseball: Teams TBA <sup>12</sup> <sup>LIVE</sup>				Baseball Tonight		SportsCenter		Baseball Tonight	
FAM	Willy Wonka and the Chocolate Factory ★★★ (1971, Musical) Boy wins tour of chocolate factory.				The Middleman: Cursed Tuba Weekend		The 700 Club (CC)		The Middleman: Cursed Tuba Weekend	
LIFE	Army Wives: Loyalties <sup>12</sup> (CC)		A Crime of Passion ★★ (1999, Thriller) Tracey Gold. Daughter accused of murder. <sup>12</sup> <sup>NB</sup> (CC)				Will & Grace (CC)	Will & Grace (CC)	Frasier: Good Grief <sup>12</sup> (CC)	
MTV	True Life Real-life stories of young people.		True Life Real-life stories of young people.		Kanye West Homecoming Special		America's Best Dance Crew <sup>12</sup> <sup>12</sup>		America's Best Dance Crew <sup>12</sup> <sup>12</sup>	
NICK	SpongeBob	Family Matters	Home Impr (CC)	Home Impr (CC)	George Lopez (CC)	George Lopez (CC)	Family Matters	Prince (CC)	Home Improvement: Chop Shop 'Til (CC)	
TBS	Friends <sup>12</sup>	Friends <sup>12</sup>	Family Guy (CC)	Family Guy (CC)	My Name Is Earl	My Name Is Earl	Bill Engvall	Sex and the City	Sex and the City: Ex and the City (CC)	
TLC	Take Home Nanny: The McCarthy's		Jon & Kate Plus 8	Jon & Kate Plus 8	Must Love Kids <sup>12</sup>		Take Home Nanny: The McCarthy's		Jon & Kate Plus 8: Sunny Day (CC)	
SPIKE	CSI: Crime Scene Investigation: Lizards		The Savage ★★ (2003, Action) Jean-Claude Van Damme. Man is forced to fight to the death.				CSI: Crime Scene Investigation: Lab Rat		The Thomas Crown Affair ★★½ (1999) <sup>12</sup>	
TNT	The Closer: Speed Bump <sup>12</sup>		The Closer: Cherry Bomb <sup>12</sup>		Saving Grace: A Little Hometown Love		Bones: The Girl with the Cur <sup>12</sup> <sup>12</sup> (CC)		The Closer: Cherry Bomb <sup>12</sup>	
USA	Law & Order: Special Victims Unit: Sin		WWE Monday Night RAW		WWE Monday Night RAW		Burn Notice: Trust Me <sup>12</sup> (CC)		psych: Murder?..Anyone?..Anyone?..Anyone?..	